



NUTRITION IN MOUNTAIN AGRO-ECOSYSTEM (NMA)

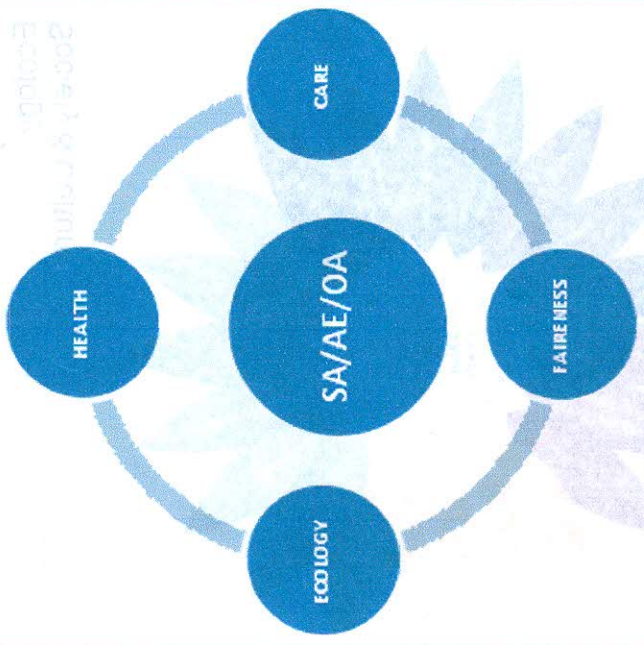
MOUNTAIN AGRO-ECOSYSTEMS ACTION NETWORK (MAAN)

Facilitates in Rich Nutrients Crops To Overcome Malnutrition and Nutrient Deficiencies

BEER UNION COUNCIL DISTRICT HARIPIUR

ORGANIC FARMING

NUTRITION SENSITIVE AGRICULTURE



[Mahmood Elahi RSP]

Organic Farming-Nutrition Sensitive Agriculture

IFOAM

Is an International Federation of Organic Agriculture Movements in the world working on organic agriculture, through a worldwide participatory stakeholder approach? It has developed principles of organic agriculture, based on health, ecology, fairness and care.

The principle of health means that organic agriculture should sustain and enhance the health of soil, plant, animal, human and the planet, as well.

The principle of ecology exhibits that organic agriculture is based on living ecological systems and cycles that work with them, follow them and facilitate them to sustain.

The principle of fairness includes that organic agriculture should build on relationship that ensure fairness with regard to the common environment and life opportunities, and

The principle of Care means that organic agriculture should be managed in a participatory and responsible manner to protect the health and well being of current and future generations and the environment.

Organic Farming-Nutrition Sensitive Agriculture

HELVETAS Swiss Inter-Cooperation:

Is another partner which collaborates administratively and works in Pakistan and supports livelihood program for rural households in improving their livelihood strategies based on their potentials to reduce vulnerability.

The MAAN Project is run through the partnership of IFOAM and HELVETAS Swiss Inter-Cooperation, and facilitates in rich nutrition crops to overcome malnutrition and nutrition deficiencies.

Beer union council, being mountainous area, has been selected to probe the nutrition status of the food dietary of the people, especially women of the selected villages to undertake the work on nutrition sensitive agriculture to reduce the negative effects of malnutrition and nutrition deficiencies.

The project interventions oriented with the "NMA minimum dietary diversity score" and "Focus Group Discussion" to predict diet of women, 24 hours recall.

The recorded observations of baseline survey reflected a high level of nutrient deficiencies in Beer Union Council and needed to tackle the problem through mass awareness raising and counseling with